



May 26, 2022

The Kansas Infant Death and SIDS (KIDS) Network invites you to apply for the 10th Biannual Safe Sleep Instructor (SSI) Certification training. The training will be conducted in collaboration with a team from the University of Kansas School of Medicine-Wichita Center for Research for Infant Birth and Survival (CRIBS) and held in Wichita, KS, September 29-30, 2022. The SSI Certification training is supported in part by a Title V grant from the Kansas Department of Health and Environment and by grant #1R13HS027541 from the Agency for Healthcare Research and Quality (AHRQ).

The goal of the KIDS Network SSI Certification is to prepare instructors to consistently educate parents/caregivers, child care providers, health care providers, and other community members about safe infant sleep practices through standardized training and community outreach.

Attendees will receive the following:

- Instruction on how to present Safe Sleep education to professionals and caregivers
- Information on current research and data on SIDS and other sleep-related causes of infant death
- Education on the most recent American Academy of Pediatrics (AAP) Safe Sleep Recommendations
- Tools to address challenges to implementing safe sleep, such as cultural norms, myths, and commercial devices
- Step-by-step guidance on how to facilitate a KIDS Network Safe Sleep Community Baby Shower/ Crib Clinic
- Overview of the Cribs for KIDS National Safe Sleep Hospital Certification and the KIDS Network Safe Sleep Star Outpatient Toolkit
- Access to safe sleep, breastfeeding, tobacco cessation and maternal mental health resources and materials to support safe sleep promotion
- Support through technical assistance, webinars, and peer-to-peer learning
- Networking opportunities with other KIDS Network Safe Sleep Instructors
- KIDS Network Safe Sleep Instructor Certification

Each SSI will be tasked with the following goals:

1. Train at least 10 professionals in their local community and input all data by May 31, 2023
2. Facilitate/co-facilitate KIDS Network Safe Sleep Community Baby Showers/ 10 Crib Clinics and input all data by May 31, 2023

Advanced training is also available to:

3. Implement the Cribs for KIDS National Safe Sleep Hospital Certification in a local hospital and/or
4. Implement the KIDS Network Safe Sleep Star Outpatient Toolkit in pediatric, obstetric and/or family medicine clinics.

In Kansas, the KIDS Network Safe Sleep Instructor training program has certified over two hundred Safe Sleep Instructors, who have trained over 6,000 professionals and over 4,000 families. These trainings have resulted in significant increases in knowledge of the AAP Safe Sleep Recommendations and intentions of parents/caregivers to follow the AAP Recommendations. In addition, 8 hospitals have engaged in the Cribs for KIDS National Safe Sleep Hospital Certification and 13 clinics have engaged in the KIDS Network Safe Sleep Star. Participating in this train-the-trainer program will allow you, or someone from your organization, to serve as a champion in your community, providing evidence-based interventions to reduce infant mortality.

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Training Details

The two-day training will be held **Thursday and Friday, September 29th and 30th, 2022** in Wichita, KS. Each Safe Sleep Instructor will be required to participate in the two-day training. Early bird registration fee is \$450, if registered by June 24, 2022. After, June 24, 2022 registration will be \$500. Registration includes: training manual, handouts, safe sleep kit (portable crib, doll, wearable blanket, diapers, wipes, and other items), certification for continuing education credits, bi-monthly webinars, and the KIDS Network Safe Sleep Instructor Certificate. Lunch provided both days.

Potential Candidates

SSIs can be health care providers (perinatal, prenatal, and early childhood), first responders (fire, EMS, law enforcement), child welfare workers, educators, coalition members and trusted community leaders who are dedicated to reducing sleep-related infant death. The successful candidate will demonstrate the ability to effectively present safe sleep recommendations and materials. Due to limited spaces available, trainees are selected based upon their qualifications and capacity to deliver safe sleep education within their local communities.

Registration Process

To apply for the Safe Sleep Instructor Certification training, please complete the attached registration form via REDCap <https://redcap.kumc.edu/surveys/?s=D8K7H8NX87K8Y9X8>

Applications are due by **July 24, 2022**. Letters of acceptance will be emailed no later than **July 29, 2022**. Please put a hold on your calendar, in case you are selected. Please forward this information to those you deem appropriate based on the above information.

COVID-19 safety guidelines for the training will include:

- **Mask are required**
- **Assigned seating**
- **Seating individuals 6ft apart**
- **Hand sanitizer (provided)**
- **Individual prepacked lunch and snacks (provided)**
- **Routine cleaning of training area**

Should you have any questions related to the KIDS Network Safe Sleep Instructor Certification Training or registration form, please contact the SSI Program Director, Maria Torres, at the KIDS Network at 316-682-1301 or at ssidirector@kidsks.org.

Sincerely,



Maria Torres, BS
Program Director



Christy S. Schunn, LSCSW
Executive Director

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