Sudden Unexpected Infant Deaths (SUIDs), including Sudden Infant Death Syndrome (SIDS), are tragic losses impacting the lives of bereaved parents and families as well as their support systems and communities. The Kansas Infant Death and SIDS (KIDS) Network works to decrease the risk of infant death by offering training and education about safe sleep practices. Local programs and events, such as Community Baby Showers, promote a statewide infrastructure to educate current and expectant parents, relatives, community members, and health and child care providers about the importance of safe sleep.
WHAT IS THE PROGRAM’S IMPACT?

- Reduces infant deaths through education and training about safe sleep practices, benefits of tobacco cessation, and the benefits of breastfeeding
- Increases the number of babies sleeping in safe locations by helping local communities secure funding to enable distribution of free cribs to Safe Sleep Community Baby Shower participants

HOW DOES THE PROGRAM MONITOR AND ENSURE QUALITY?

- Surveys participants at trainings and Safe Sleep Community Baby Showers to ensure they are gaining knowledge in the areas of safe sleep, tobacco cessation, and breastfeeding
- Holds regular reviews of survey and assessment results to ensure training information is being clearly communicated and inform changes to the program and service delivery

34 Safe Sleep Community Baby Showers hosted across the state in 31 counties for 1,172 expectant mothers

95% Safe Sleep Community Baby Shower participants planned to place their child to sleep on their back

94% Safe Sleep Community Baby Shower participants planned to have their infant sleep in a safe location

88% Safe Sleep Community Baby Shower participants identified three or more ways to avoid second smoke, a key driver of sleep-related deaths