Kansas Infant Death and SIDS Network

The misconception is that infant mortality happens to one specific population... it happens to people of all socio-economic groups, all races, all education levels. ~ Christy Schunn, KIDS Network

The tragedy of infant death touches hundreds of Kansas families every year. The Kansas Infant Death and SIDS Network (KIDS) supports individuals who have experienced such a loss, as well as organizations working to reduce the risk of infant death through education, training, and research. A major focus of the Network's outreach is promoting safe sleep practices. This is achieved through multiple innovative initiatives, including: Safe Sleep Community Baby Showers; Cribs for KIDS; safe-sleep education for new and expectant parents via hospital, home visit, or birthing center; and safe-sleep training for healthcare and child care providers.

### **STRATEGIES**

- Research and Training
  Support research into SIDS
  - Train healthcare providers
  - Train child care providers
- Community Baby Showers

- **■** Family Support
  - Provide infant products for needy families
  - Provide hospital and home visits

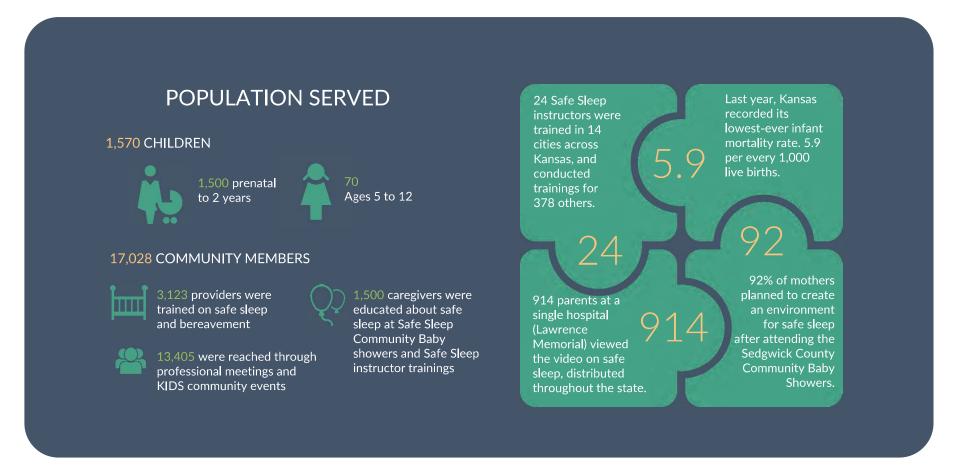
#### THE NEED

The death of an infant creates a ripple effect, taking a tremendous toll on the parents, as well as their network of family and friends. Sudden Infant Death Syndrome is the leading cause of death in the United States for infants between the ages of one month and one year but there are ways families can decrease the risk. KIDS Network works to prevent the risk of SIDS by providing education on safe sleep practices, providing cribs to families in need, and supporting research on the underlying causes of infant mortality.



#### **OUR SOLUTIONS**

- Showers teach the ABCs of safe sleep (alone, on the back, in a clutter-free crib).
- Nurses, doctors, social workers, EMTs, home visitors, and other practitioners and community members are trained to spread awareness of safe sleep techniques.
- Families in need receive cribs.
- Collaboration among state and local entities (Healthy Start Home Visiting, churches, civic groups) enhances service and support.
- Research on SIDS, both behavioral and physiological, is supported and put into practice.



**Evaluation Practices:** The KIDS Network contracts with an external evaluator at the University of Kansas School of Medicine (Wichita). Evaluation practices measure knowledge and behavioral changes of safe sleep, service delivery, and outcomes. Evaluation practices have been modified to collect more complete, reliable, and valid data. Data are collected at various points depending on service delivery setting during the continuum of care for parents/caregivers, child care providers, and medical professionals. Evaluation findings inform program changes for continuous quality improvement and service delivery. Findings are disseminated in publications, the website, conferences, and board meetings.

**Evidence-Base: Innovative Program.** KIDS Network Grant is actively working to establish an evidence-base for their practices by conducting rigorous research using appropriate comparison methodologies, and submitting their findings to peer-reviewed journals.

### LOOKING BACK

Trained 24 additional safe sleep instructors statewide

Four Community Baby Showers, attended by 455 pregnant mothers

Working on continuum of care, from OBGYNs before conception to hospital nurses to pediatricians

Survey through Kansas Hospital Association to better target efforts

Strategic plan meeting in May to guide next five years

Scholarly publications in conjunction with KU School of Medicine (Wichita)

Zero to One video series and curriculum through Kansas Health Foundation

Community fundraising events, including golf tournament and memorial walk



### LOOKING FORWARD

Presenting at international conference in Uruguay (one of 12 states participating in international movement)

Would like to add 5-10 more SSI instructors every year, targeting counties with highest infant mortality rates, highest poverty and lowest education

Applying for grant to look at racial disparities in infant mortality

Will continue to disseminate information around the state and nationally

Loss of CIF money would eliminate paid staff crucial to maintaining organizational infrastructure