

## Child Care Checklist for Your Baby

Use the following checklist as a guide to help you through the important decision making process of selecting a child care facility/provider that will keep your child healthy and safe.

Place a check in the box if it meets your expectations.

### Education, Training, and Experience

Notes:

	Is the child care provider licensed by the State of Kansas?
	How much experience does the child care provider have caring for infants that are not their own?
	Are there other staff that will help take care of my baby? <input type="checkbox"/> If yes, ask to meet them. If that's not possible, ask for their names and what their experience and qualifications are.
	What training and education have the child care provider and staff had? <input type="checkbox"/> Ask if the provider has had specific training on children's development. <input type="checkbox"/> Ask how the provider is continuing to receive training on caring for infants and children. <input type="checkbox"/> Kansas regulations require providers and staff to receive continued training on risk reduction and child growth and development.
	Have the provider and staff had safe sleep training? <input type="checkbox"/> Ask the provider to tell you about their training and education. They should know that babies should always sleep alone, on their back and in a crib. You may encourage them to watch the <i>Safe Sleep Kansas Video</i> ( <a href="http://www.safesleepkansas.org">www.safesleepkansas.org</a> ).
	Do all staff have current certification/training in first aid and infant/pediatric CPR? <input type="checkbox"/> Kansas regulations require child care providers to be certified in infant/pediatric CPR.
	Have the provider and staff been trained on child abuse prevention and how to report suspected cases? <input type="checkbox"/> Ask to see a copy of the providers KBI. A KBI criminal history and child abuse and neglect background check is processed on all persons living, working or volunteering in the licensed day care home.

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### Safe Sleep for Your Baby

	Will my baby always be placed to sleep alone, in a crib, on his/her back for every sleep time, including naps? <input type="checkbox"/> There should always be one infant per crib. <input type="checkbox"/> Kansas law requires a crib or playpen to be used for each child under 18 months. <input type="checkbox"/> Ask to see where your baby will be sleeping. There should be nothing in the crib except a firm mattress with a single fitted sheet over it. This includes NO loose bedding, pillows, stuffed animals, toys, burp cloths, bottles, sleep positioners, or bumper pads. Make sure the provider and staff know this is how you always want your baby's sleep environment to look like. <input type="checkbox"/> Ask if the provider uses a wearable sleeper such as a Sleepsack® as an alternative to blankets. <input type="checkbox"/> Infants should never be placed or left to sleep on a couch, futon, adult bed, car seat, bouncer or swing. <input type="checkbox"/> Make sure that the provider and staff know that you always want your <b>baby placed on their back to sleep</b> and you want their head to remain uncovered during sleep.
	Will my baby be supervised at all times, including while he/she is sleeping? <input type="checkbox"/> Kansas regulations require infants to be physically checked on approximately every 15 minutes.

