What are the ABCs of safe sleep?

SIDS is the leading cause of death of infants between 1 month and 1 year of age.
   True  False

After traveling, babies can stay sleeping in their car seat when at home.
   True  False

The safest place for babies to sleep is in the same room with parents.
   True  False

Child care providers should create a Safe Sleep Policy and communicate it with all parents.
   True  False

Smoking during pregnancy increases the risk of low birth weight and pre-term birth.
   True  False

The Safe Sleep for Babies DVD was helpful to me as a parent.
   Yes  No

How comfortable are you discussing safe sleep practices for your baby with other adults/caregivers?
   Not At All Comfortable  Somewhat Comfortable  Mostly Comfortable  Very Comfortable

Do you plan to share the Safe Sleep for Babies DVD with others?
   Yes  No

If yes, how are you most likely to access the video?
   Smartphone  DVD  On my home computer  On someone else's computer  Other (specify) ________________  None of the above

In what position will you lay your baby down to sleep?
   a. On the back
   b. On the tummy
   c. On the side
   d. Don’t know/not sure

Where will your baby be sleeping?
   a. In a crib in his/her room
   b. In a bassinet/crib next to my bed
   c. In a co-sleeper next to my bed
   d. Other (specify) ________________

Will you make changes to your baby’s sleeping area based on the information you have learned?
   Yes  No
   If yes, what changes will you make based on the information you have learned?
     ____________________________________________________________

 Please circle the items that are already in your baby’s sleeping area?
   Firm mattress  Fitted sheet  Blanket  Bumper Pad  Pillow  Stuffed Toy